

BIG ASS

CATALOG 2023 / EU

DREAM BIG. GROW BIG.

BIGGER

BAD ASS® L-CARNITINE



Portion: ~2 Teaspoons (10 ml)
Servings per container: 50

Amount in	10 ml
L-carnitine	2000 mg
Pantothenic acid	6,7 mg (112% NRV)

Flavours: Blue raspberry, Sour watermelon, Cherry-Cola

		
BOTTLE	IN BOX	ON PALLET
500 ml	12	1368

DREAM BIG™ GROW BIG **BIGGER**

BAD ASS® PRE



BAD ASS® PRE. Food supplement.

Serving size: ~1 Scoop (8,75 g)

Servings per container: 50

Amount per	8,75 g	17,5 g
Citrulline malate	3000 mg	6000 mg
of which citrulline	2000 mg	4000 mg
Beta-alanine	1600 mg	3200 mg
L-arginine alpha-ketoglutarate	1000 mg	2000 mg
of which L-arginine	700 mg	1400 mg
Betaine	750 mg	1500 mg
Glyceryl monostearate	750 mg	1500 mg
Caffeine	200 mg	400 mg

Flavours:

Citrus-Peach, Dragon fruit, Lychee, Mango-Passionfruit, Mango-Lemon, Fruit massage, Blackberry-Pineapple, Orange-Mango, Grape, Blue raspberry, Sour watermelon, Red Fruit Punch.



PACKAGE

438 g



IN BOX

6



ON PALLET

528

DREAM BIG™ GROW BIG **BIGGER**

BAD ASS® PUMP



Servings size: ~1 Scoop (8,75 g)

Servings per container : 40

Amount in	8,75 g	17,5 g
Citrulline malate	3000 mg	6000 mg
of which citrulline	2000 mg	4000 mg
Beta-alanine	1600 mg	3200 mg
L-arginine alphaketoglutarate (A-AKG)	500 mg	1000 mg
of which L-arginine	350 mg	700 mg
Glycerol monostearate	500 mg	1000 mg
Betaine	500 mg	1000 mg
Taurine	500 mg	1000 mg
Choline bitartrate	275 mg	550 mg
of which choline	113 mg	226 mg
L-tyrosine	250 mg	500 mg
Caffeine	200 mg	400 mg
Glucuronolactone	50 mg	100 mg
Niacin	32 mg NE (200% NRV)	64 mg NE (400% NRV)
Vitamin B6	9 mg (643% NRV)	18 mg (1286% NRV)

Flavours:

Lychee, Dragon Fruit, Mango-Lemon, Citrus-Peach, Fruit Massage, Blackberry-Pineapple, Orange-Mango, Exotic, Grape, Sour Watermelon, Blue Raspberry.



PACKAGE

350 g



IN BOX

6



ON PALLET

528

DREAM BIG. GROW BIG. **BIGGER**

BAD ASS® PUMP STIM-FREE



Serving size: ~2 Scoops (17,5 g)

Servings per container: 20

Amount in	17,5 g
Citrulline malate	6000 mg
of which citrulline	4000 mg
Beta-alanine	3200 mg
L-arginine alphaketoglutarate (A-AKG)	1500 mg
of which L-arginine	1050 mg
Glycerol monostearate	1000 mg
Betaine	1000 mg
Taurine	1000 mg
Choline bitartrate	550 mg
of which choline	226 mg
L-tyrosine	500 mg
Glucuronolactone	100 mg
Niacin	64 mg NE (400% NRV)
Vitamin B6	18 mg (1286% NRV)

Flavours:

Lychee, Dragon Fruit, Mango-Lemon, Citrus-Peach, Fruit Massage, Blackberry-Pineapple, Orange-Mango, Exotic, Grape, Sour Watermelon, Blue Raspberry.



PACKAGE

350 g



IN BOX

6



ON PALLET

528

DREAM BIG. GROW BIG.

BIGER

BAD ASS® CREA



BAD ASS® CREA. Food supplement

Serving size: ~1 Scoop (5,7 g)

Servings per container: 52

Amount per	5,7 g
CREATINE MATRIX	5 g
Creatine monohydrate	2000 mg
of which creatine	1758 mg
Tri-creatine malate	1500 mg
of which creatine	1119 mg
Magnesium creatine chelate	1000 mg
of which creatine	910 mg
Creatine hydrochloride	500 mg
of which creatine	390 mg

Flavours:

Mango-Lemon, Fruit Massage, Blackberry-Pineapple, Orange-Mango, Citrus-Peach, Dragon Fruit, Lychee, Exotic, Blue Raspberry, Grape, Sour Watermelon.



PACKAGE

300 g



IN BOX

6



ON PALLET

528

DREAM BIG™ GROW BIGGER

BAD ASS® AMINO



BAD ASS® AMINO. Food supplement .

Serving size: ~2 scoops (15 g)

Servings per container: 30

Amount per	15 g
EAA Complex	8000 mg
L-leucine	2000 mg
L-isoleucine	1000 mg
L-valine	1000 mg
L-lysine HCl	1640 mg
L-threonine	890 mg
L-phenylalanine	660 mg
L-methionine	580 mg
L-histidine	140 mg
L-tryptophan	90 mg
Citrulline malate	1000 mg
of which citrulline	670 mg
L-glutamine	1000 mg
Magnesium	375 mg (100% NRV)

Flavours:

Mango-Lemon, Citrus-Peach, Orange-Mango, Blackberry-Pineapple, Fruit Massage, Lychee, Dragon Fruit, Mango-Passionfruit, Grape, Blue Raspberry, Sour Watermelon.



PACKAGE

450 g



IN BOX

6



ON PALLET

528

DREAM BIG™ GROW BIGGER

BAD ASS® BCAA 8:1:1



BAD ASS® BCAA 8:1:1.

Food supplement.

Serving size: ~1 scoop (6,6 g)

Servings per container: 60

Amount per	6,6 g
L-leucine	3500 mg
L-isoleucine	437,5 mg
L-valine	437,5 mg

Flavours:

Mango-Lemon, Citrus-Peach, Orange-Mango, Blackberry-Pineapple, Fruit Massage, Lychee, Dragon Fruit, Exotic, Sour Watermelon, Grape, Blue Raspberry.



PACKAGE

400 g



IN BOX

6



ON PALLET

528

DREAM BIG™ GROW BIG

BIGER

BAD ASS® EAA AMINO SHOT



BAD ASS® EAA AMINO SHOT

Food supplement.

Serving size: 1 ampoule (120 ml)

Servings per container: 1

Amount per	120 ml
EAA:	
L-phenylalanine	336 mg
L-tryptophan	52 mg
L-threonine	448 mg
L-lysine HCl	807 mg
L-methionine	290 mg
L-histidine	67 mg
BCAA:	
L-leucine	1000 mg
L-isoleucine	500 mg
L-valine	500 mg
L-glutamine	500 mg
Citrulline malate	500 mg
of which citrulline	335 mg
Magnesium	88 mg (23,5% NRV)

Flavours:

Citrus orange, Exotic, Passion fruit, Yuzu

		
PACKAGE	IN BOX	ON PALLET
120 ml	24	5184

DREAM BIG™ GROW BIG

BIGER

BAD ASS® ZERO



Flavours:

Chocolate, Strawberry, Raspberry, Vanilla, Strawberry Banana, Blueberry, Peach-passion fruit, Orange, Lemon, Vanilla-caramel, Cookies with cream, Lemon Cheesecake, Snikers, Bunty, Coffee frappe.

Serving size: ~1 Scoop: 30 g

Servings per container: 66

Nutrition Value	100 g	30 g
Energy	1472 kJ / 346 kcal	438 kJ / 103 kcal
Fat	0,5 g	0 g
of which saturates	0,3 g	0 g
Carbohydrate	2,5 g	0,75 g
of which sugars	0,5 g	0 g
Protein	83 g	25 g
Salt	0,50 g	0,15 g

Amino acid profile:	100 g protein
L-Leucine	10,75 g
L-Isoleucine	5,56 g
L-Valine	5,46 g
Total Branched Chain Amino Acids (BCAA)	21,77 g
L-Aspartic acid	12,76 g
L-Glutamic acid	18,57 g
L-Serine	5,82 g
Glycine	1,89 g
L-Histidine	1,65 g
L-Arginine	2,12 g
L-Threonine	8,02 g
L-Alanine	5,90 g
L-Proline	6,51 g
L-Tyrosine	3,31 g
L-Methionine	2,47 g
Cystine	2,69 g
L-Phenylalanine	3,38 g
L-Lysine	10,07 g
L-Tryptophan	2,18 g



PACKAGE

2 kg



IN BOX

4



ON PALLET

168

DREAM BIG. GROW BIG.

BIGGER

BAD ASS® WHEY



Flavours:

Vanilla ice cream, Blackcurrant ice cream, Strawberry ice cream, Pistachio ice cream, White chocolate-cranberry, Lemon-pineapple, Lemon cheesecake, Chocolate, Cookies with cream, Raspberry ice cream, Coffee frappe, Snikers, Bunt.

Serving size: ~1 Scoop (30 g)

Servings per container: 66 (2 kg), 30 (908 g)

Nutrition Declaration	100 g	30 g
Energy	1604 kJ / 379 kcal	477 kJ / 113 kcal
Fat	6,4 g	1,9 g
of which saturates	4,4 g	1,3 g
Carbohydrate	6,4 g	1,9 g
of which sugars	4,9 g	1,5 g
Protein	74 g	22 g
Salt	0,5 g	0,15 g

Amino acid profile:	100 g protein
L-Leucine	11,3 g
L-Isoleucine	6,9 g
L-Valine	6,7 g
Total Branched Chain Amino Acids (BCAA)	24,9 g
L-Aspartic acid	11,6 g
L-Glutamic acid	19,0 g
L-Serine	5,1 g
Glycine	2,1 g
L-Histidine	1,6 g
L-Arginine	3,0 g
L-Threonine	7,6 g
L-Alanine	5,4 g
L-Proline	7,5 g
L-Tyrosine	3,1 g
L-Methionine	2,2 g
Cystine	2,6 g
L-Phenylalanine	3,4 g
L-Lysine	10,4 g
L-Tryptophan	1,8 g



PACKAGE

908 g / 2 kg



IN BOX

6 / 4



ON PALLET

252 / 168

DREAM BIG. GROW BIG.

BAD ASS® MASS



Serving size: ~2 Scoops (100 g)

Servings per container: 30 (3 kg), 70 (7 kg)

Nutrition Value	100 g	200 g
Energy	1660 kJ / 391 kcal	3320 kJ / 783 kcal
Fat	2,6 g	5,2 g
of which saturates	1,7 g	3,4 g
Carbohydrate	62 g	124 g
of which sugar	10 g	20 g
Protein	30 g	60 g
Salt	0,41 g	0,82 g
Creatine monohydrate (of which creatine)	2500 mg (2200 mg)	5000 mg (4400 mg)
L-glutamine	1500 mg	3000 mg
Branched chain amino acids	8000 mg	16000mg

Flavours:

Chocolate, Chocolate-nuts, Toffee, Banana, Vanilla, Vanilla-almonds, Strawberry, White chocolate with coconut, Cookies with cream, White chocolate-cranberry, Strawberry-banana, Raspberry, Pistachio, Bunty, Snikers, Cafe frappe.



PACKAGE

3 kg / 7 kg



IN BOX

4 / 2

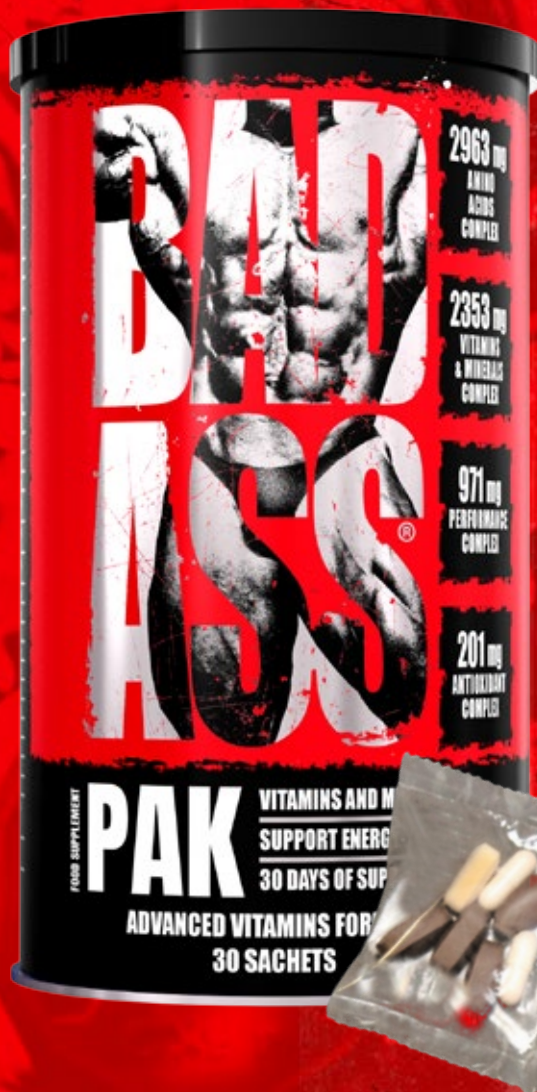


ON PALLET

168 / 80

DREAM BIG™ GROW BIGGER

BAD ASS® PAK



Serving size: 1 sachet; Servings per container: 30

Amount in	1 sachet		1 sachet
Vitamin-mineral complex		Performance Complex	
Vitamin A	800 µg RE (100%)*	Taurine	282 mg
Vitamin C	500 mg (625%)*	Para-aminobenzoic acid	200 mg
Vitamin D	25 µg (500%)*	L-carnitine	12,5 mg
Vitamin E	100 mg α-TE (833%)*	Choline bitartrate	125 mg
Vitamin B1	10 mg (909%)*	Of which choline	51 mg
Vitamin B2	10 mg (714%)*	Panax ginseng root extract (5% ginsenosides)	150 mg (7,5 mg)
Niacin	16 mg (100%)*	Inositol	62,5 mg
Vitamin B6	10,5 mg (750%)*	Inulin	139 mg
Folic acid	400 µg (200%)*	Amino acid complex	
Vitamin B12	80 µg (3200%)*	L-leucine	200 mg
Biotin	152 µg (304%)*	L-isoleucine	110 mg
Pantothenic acid	37 mg (617%)*	L-valine	130 mg
Phosphorus	450 mg (64%)*	L-aspartic acid	250 mg
Iodine	144 µg (96%)*	L-glutamic acid	440 mg
Magnesium	200 mg (53%)*	L-serine	125 mg
Zinc	15 mg (150%)*	Glycine	380 mg
Selenium	200 µg (364%)*	L-histidine	40 mg
Copper	1 mg (100%)*	L-arginine	160 mg
Manganese	1,8 mg (90%)*	L-threonine	140 mg
Chromium	30 µg (75%)*	L-alanine	220 mg
Calcium	1000 mg (125%)*	Proline	285 mg
Antioxidant Complex		L-tyrosine	60 mg
Coenzyme Q10	2,5 mg	L-methionine	60 mg
Lutein	0,5 mg	Cystine	75 mg
Lycopene	0,5 mg	Phenylalanine	80 mg
Hawthorn fruit extract (3% bioflavonoids)	62,5 mg (1,9 mg)	L-lysine	200 mg
Pine bark extract	10 mg	L-tryptophane	5 mg
Citrus bioflavonoids	100 mg	L-ornithine	3 mg
Grape seed extract	25 mg		



PACKAGE

30 sachets



IN BOX

6

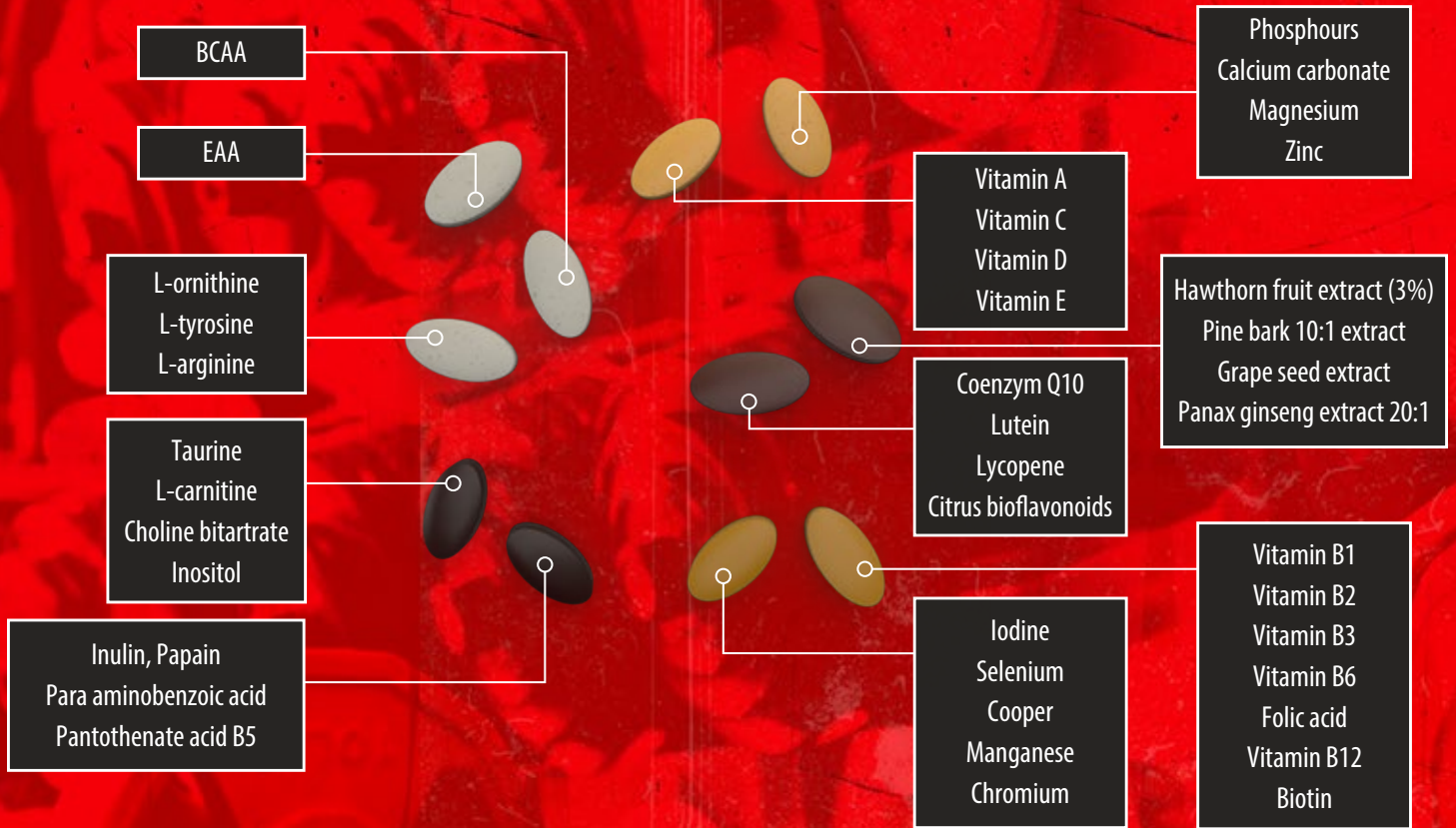


ON PALLET

528

DREAM BIG™ GROW BIGGER

BAD ASS® PAK INGREDIENTS



DREAM BIG. GROW BIG. **BIGGER**

BAD ASS® FLEX



Serving size: 1 sachet
Servings per container: 30

Amount in:	1 sachet
Joint Construction Complex	
Glucosamine hydrochloride (of which glucosamine)	1440 mg (1195 mg)
Chondroitin sulfate	1200 mg
Methylsulfonylmethane (MSM)	1000 mg
Joint Lubrication Complex	
Flax seed oil (50% α-linolenic acid) (ALA)	1000 mg (500 mg)
Hydrolysed beef protein	1100 mg
Hyaluronic acid	10 mg
Joint Support Complex	
Ginger root extract	200 mg
Turmeric root extract (95% curcumin)	289,5 mg (275 mg)
Boswellia resin extract (60% boswellic acid)	100 mg (60 mg)
Quercetin	75 mg
Vitamins & Minerals Complex	
Calcium	500 mg (63% NRV*)
Vitamin C	500 mg (625% NRV*)
Magnesium	150 mg (40% NRV*)
Zinc	15 mg (150% NRV*)
Manganese	1 mg (50% NRV*)
Selenium	100 µg (182% NRV*)
Vitamin D	25 µg (500% NRV*)
Vitamin E	66,7 mg α-TE (556% NRV*)



PACKAGE

30 sachets



IN BOX

6

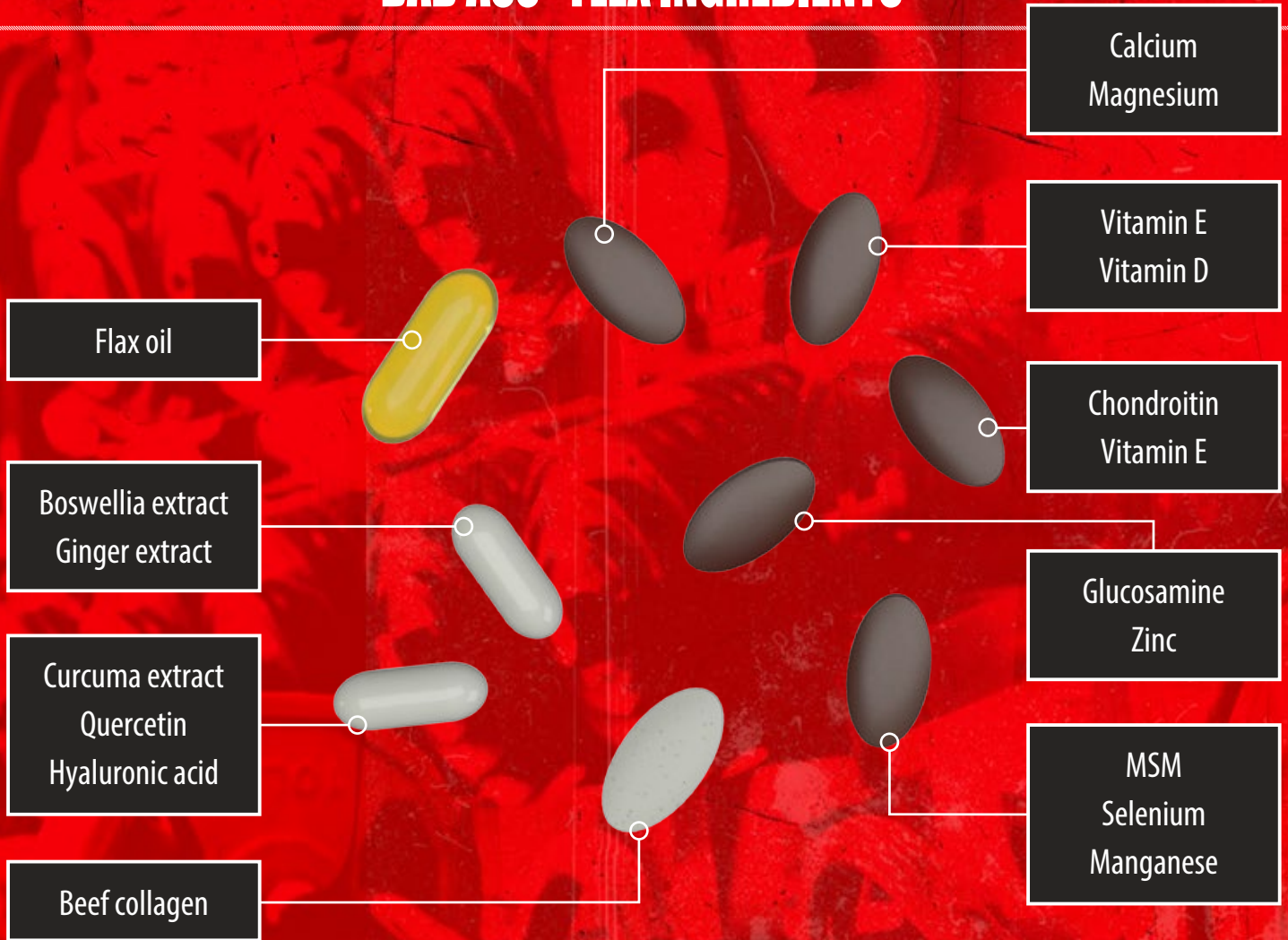


ON PALLET

528

DREAM BIG™ GROW BIGGER

BAD ASS® FLEX INGREDIENTS



DREAM BIG. GROW BIG. **BIGGER**

BAD ASS® CUTS



PACKAGE

44 sachets



IN BOX

6



ON PALLET

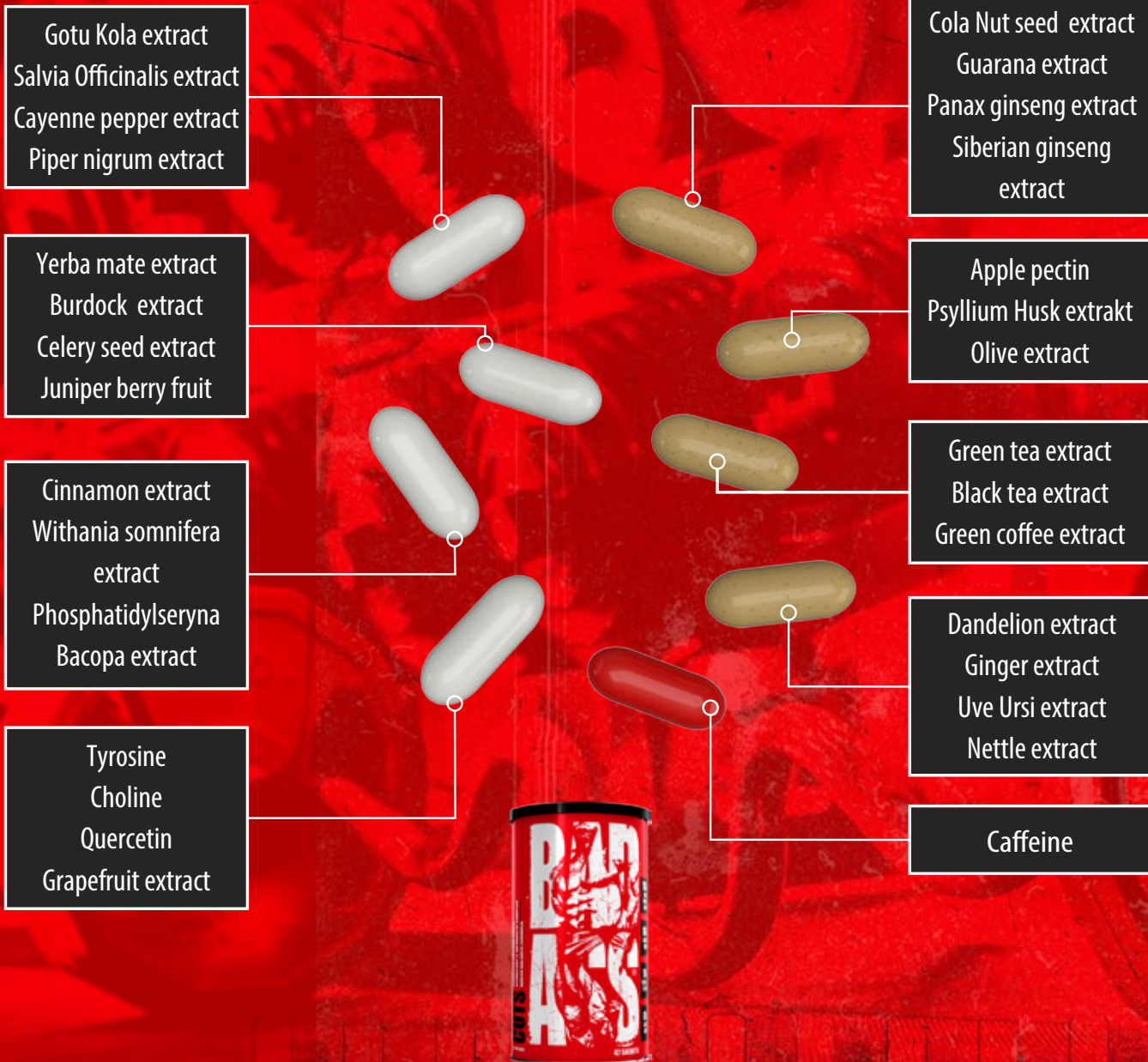
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Serving size: 1 sachet
Servings per container: 42

Amount in	1 sachet
Cola Nut (seed) extract	150 mg
Caffeine anhydrous	91,6 mg
Guarana seed extract (22% caffeine)	77 mg (16,9 mg)
Grapefruit fruit extract	75 mg
Panax ginseng root extract	75 mg
Siberian ginseng root extract	24 mg
Digestive Complex	610 mg
Apple pectin	225 mg
Psyllium husk seeds extract	100 mg
Olive leaf extract	80 mg
Green coffee bean extract (50% ACG)	60 mg (30 mg)
Cinnamon bark extract	50 mg
Piper nigrum seed extract (95% piperine)	10 mg (9,5 mg)
Salvia officinalis leaf extract	5 mg
Cayenne pepper fruit extract (1 % capsaicin)	5 mg (0,05 mg)
Green & Black Tea Complex	913,8 mg
Green tea leaves extracts complex	838,8 mg
Green tea leaves extract (45% EGCG)	310 mg (139,5 mg)
Green tea leaves extract (90% polyphenols)	300 mg (270 mg)
Green tea leaves extract (40% caffeine)	228,8 mg (91,5 mg)
Black tea leaves extract (20% theaflavins)	75 mg (15 mg)
Natural Diuretics Complex	1103 mg
Dandelion root extract	300 mg
Ginger root extract (5% gingerols)	220 mg (11 mg)
Uve Ursi root extract	200 mg
Nettle root extract	100 mg
Yerba mate leaf extract	182,9 mg
Burdock root extract	25 mg
Celery seed extract	25 mg
Juniper berry fruit	25 mg
Quercetin	25 mg
Adaptogen Complex	1068 mg
L-tyrosine	245 mg
Gotu Kola leaves extract	225 mg
Choline bitartrate	225 mg
of which choline	92,3 mg
Withania somnifera root extract (2,5% withanolides)	223 mg (5,6 mg)
Fish phosphatidylserine	100 mg
Bacopa monnieri herb extract	50 mg

DREAM BIG™ GROW BIGGER

BAD ASS® CUTS INGREDIENTS



DREAM BIG. GROW BIG. **BIGGER**

BAD ASS® MEAL



Flavours:

Chocolate, Peanut butter, Strawberry, Chocolate-Nuts, Vanilla, Chocolate-Banana.



PACKAGE

2,5 kg



IN BOX

4



ON PALLET

168

Serving size: ~2 scoops (100 g)

Servings per container: 25

Nutrition declaration	100 g	200 g
Energy	^{3,5} 1570 kJ / 373 kcal (19%**), ^{1,2,4,6} 1564 kJ / 372 kcal (19%**)	^{3,5} 3140 kJ / 746 kcal (37%**), ^{1,2,4,6} 3127 kJ / 743 kcal (37%**)
Fat	^{3,5} 8,6 g (12%**), ^{1,2,4,6} 9,2 g (13%**)	^{3,5} 17,2 g (25%**), ^{1,2,4,6} 18,4 g (26%**)
of which saturates	^{3,5} 4,9 g (25%**), ^{1,2,4,6} 3,1 g (16%**)	^{3,5} 9,8 g (49%**), ^{1,2,4,6} 6,2 g (31%**)
Carbohydrate	^{3,5} 40 g (15%**), ^{1,2,4,6} 39 g (15%**)	^{3,5} 80 g (31%**), ^{1,2,4,6} 78 g (30%**)
of which sugars	15 g (17%**)	30 g (33%**)
Fibre	^{3,5} 7,7 g, ^{1,2,4,6} 8,4 g	^{3,5} 15,4 g, ^{1,2,4,6} 16,8 g
Protein	^{3,5} 30 g (60%**), ^{1,2,4,6} 29 g (58%**)	^{3,5} 60 g (120%**), ^{1,2,4,6} 58 g (116%**)
Salt	^{3,5} 0,43 g (7%**), ^{1,2,4,6} 0,40 g (7%**)	^{3,5} 0,86 g (14%**), ^{1,2,4,6} 0,80 g (13%**)
Potassium	500 mg (25%**)	1000 mg (50%**)
Magnesium	93 mg (25%**)	186 mg (50%**)
Zinc	2,5 mg (25%**)	5 mg (50%**)
Manganese	0,5 mg (25%**)	1 mg (50%**)
Molybdenum	7,5 µg (15%**)	15 µg (30%**)
Copper	0,15 mg (15%**)	0,3 mg (30%**)
Chromium	6 µg (15%**)	12 µg (30%**)
Selenium	13,75 µg (25%**)	27,5 µg (50%**)
Folic acid	30 µg (15%**)	60 µg (30%**)
Iodine	23 µg (15%**)	46 µg (31%**)
Phosphorus*	313 mg (45%**)	626 mg (89%**)
Iron*	3,2 mg (23%**)	6,4 mg (46%**)
Calcium*	290 mg (36%**)	580 mg (73%**)
Vitamin C	20 mg (25%**)	40 mg (50%**)
Vitamin E	1,8 mg α-TE (15%**)	3,6 mg α-TE (30%**)
Niacin	4 mg NE (25%**)	8 mg NE (50%**)
Vitamin A	120 µg RE (15%**)	240 µg RE (30%**)
Pantothenic acid	1 mg (17%**)	2 mg (33%**)
Vitamin K	12 µg (16%**)	24 µg (32%**)
Vitamin B6	0,35 mg (25%**)	0,7 mg (50%**)
Vitamin D	0,8 µg (16%**)	1,6 µg (32%**)
Vitamin B1	0,2 mg (18%**)	0,4 mg (36%**)
Vitamin B2	0,25 mg (18%**)	0,5 mg (36%**)
Vitamin B12	0,4 µg (16%**)	0,8 µg (32%**)
Biotin	12,5 µg (25%**)	25 µg (50%**)

DREAM BIG™ GROW BIGGER

BAD ASS® TEST PAK



Serving size: 1 sachet

Servings per container: 30

Amount in	1 sachet
D-Aspartic acid (DAA)	3200 mg
Tribulus terrestris fruits extract	500 mg
of which saponins	200 mg
Fenugreek seeds extract	500 mg
Maca root extract	400 mg
Ashwagandha root extract	200 mg
of which withanolides	3 mg
Coleus forskohlii root extract	100 mg
of which forskolin	10 mg
Polygonum root extract	100 mg
of which resveratrol	25 mg
Rhodiola rosea root extract	50 mg
of which salidrosides	0,5 mg
Vitamin K	100 µg (133% NRV)
Vitamin D	50 µg (1000% NRV)



PACKAGE

30 sachets



IN BOX

6

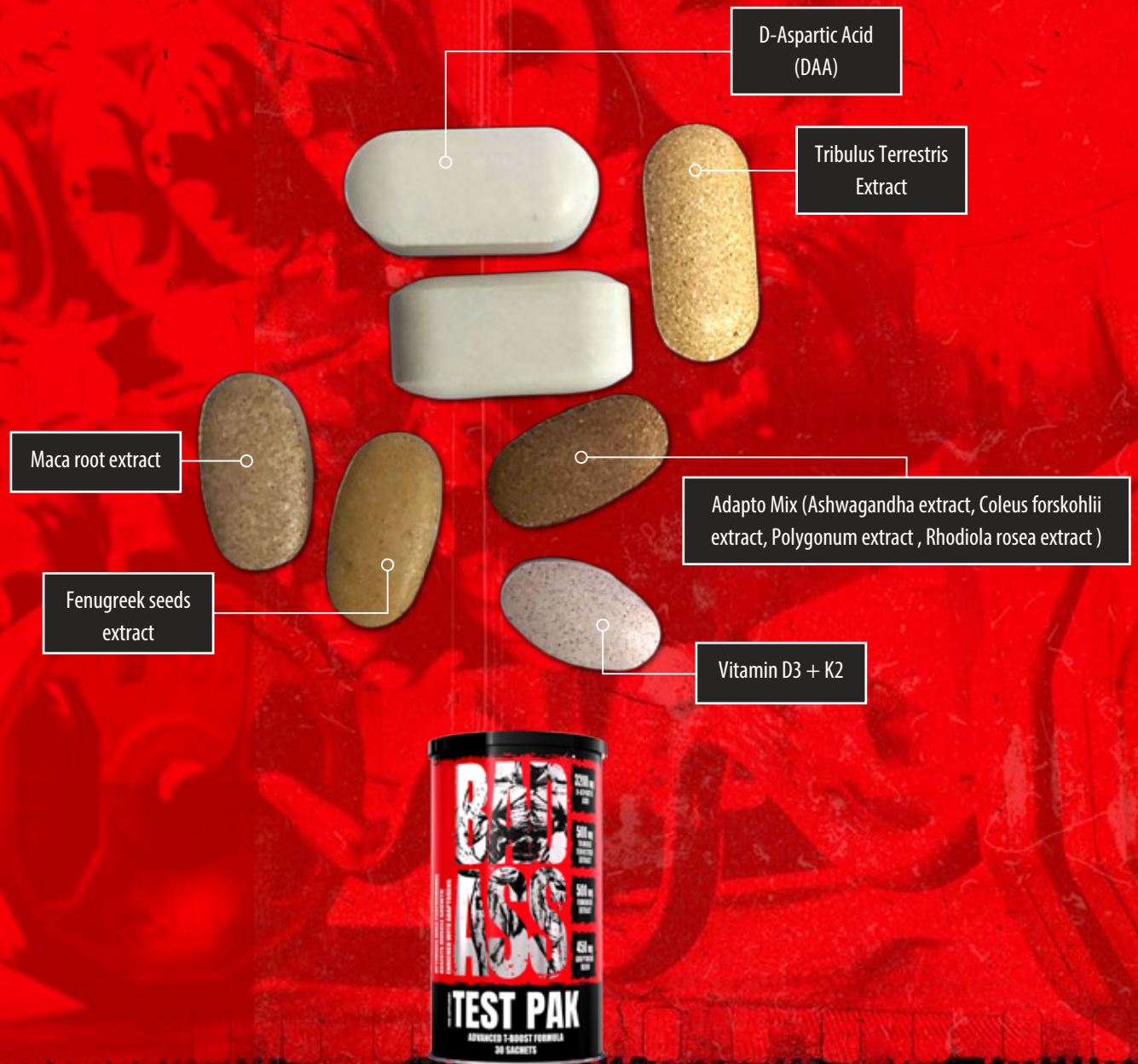


ON PALLET

528

DREAM BIG™ GROW BIGGER

BAD ASS® TEST PAK INGREDIENTS



DREAM BIG. GROW BIG. **BIGGER**

BAD ASS® ISOBOLIC



Flavours:

Chocolate, Banana-Peach, Strawberry, Vanilla, White chocolate-coconut, Caramel, Bunty, Snikers, Coffee frappe, Raspberry, White Chocolate Cranberry, Lemon Cheesecake, Cookies with cream, Pistachio, Strawberry-Banana.



PACKAGE

2 kg



IN BOX

4



ON PALLET

168

Serving size: ~1 Scoop (30 g)

Servings per container: 66

Nutrition declaration	100 g	30 g
Energy	1600 kJ / 377 kcal	478 kJ / 113 kcal
Fat	2,8 g	0,8 g
of which saturates	1,6 g	0,5 g
Carbohydrate	3,0 g	0,9 g
of which sugars	2,9 g	0,9 g
Protein	85 g	25,5 g
Salt	0,45 g	0,14 g
Creatine monohydrate	10000 mg	3000 mg
of which creatine	8400 mg	2520 mg
Taurine	3333 mg	1000 mg
D-aspartic acid (DAA)	1667 mg	500 mg

Amino acid profile:

	100 g Protein
L-Leucine	10,1 g
L-Isoleucine	7,5 g
L-Valine	6,4 g
Total Branched Chain Amino Acids (BCAA)	24,0 g
L-Aspartic acid	11,4 g
L-Glutamic acid	19,5 g
L-Serine	4,9 g
Glycine	1,1 g
L-Histidine	1,0 g
L-Arginine	1,5 g
L-Threonine	7,3 g
L-Alanine	5,0 g
L-Proline	5,7 g
L-Tyrosine	1,9 g
L-Methionine	1,7 g
Cystine	2,0 g
L-Phenylalanine	2,4 g
L-Lysine	9,3 g
L-Tryptophan	1,3 g

DREAM BIG™ GROW BIGGER

FAN SUPPORT



DREAM BIG. GROW BIG. BIGGER

SACHETS



DREAM BIG. GROW BIG.

BIG

FRIDGE



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Fitness Authority® Sp. z o.o.
ul. Konna 40
80-174 Otomin, Poland

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